The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit https://ambetterhealthnet.com/2018-brochures.html, or call 1-800-289-2818 (1-800-977-6757 TTY: 711). For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-800-289-2818 (1-800-977-6757 TTY: 711) to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	$4,200 individual/$8,400 family.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Preventive care, primary care, specialist, and urgent care office visits, imaging, diagnostic tests and generic drugs are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	For network $7,150 individual/$14,300 family. No, for non-network providers.	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out–of–pocket limit.
Will you pay less if you use a network provider?	Yes. See Find a Provider or call 1-800-289-2818 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You will Pay		Limitation, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$30 Copay/visit; deductible does not apply.	Not covered	-----None-----
	Specialist visit	$50 Copay/visit; deductible does not apply.	Not covered	Prior authorization required. Failure to obtain prior authorization for any service that requires prior authorization may result in denial of payment for care that may otherwise be covered.
	Preventive care/ screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	$50 Copay/test; deductible does not apply.	Not covered	Prior authorization required.
	Imaging(CT/PET scans, MRIs)	$250 Copay/test; deductible does not apply.	Not covered	Prior authorization required.

Common Medical Event	Services You May Need	What You will Pay		Limitation, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at Preferred Drug List.	Generic Drugs (Tier 1)	Retail: $20 Copay/prescription; Mail order: $60 Copay/prescription; deductible does not apply	Not covered	Prescription drugs are provided up to 30 days retail and up to 90 days through mail order. Mail orders are subject to 3X retail cost-sharing amount.
	Preferred brand drugs (Tier 2)	Retail: $40 Copay/prescription; Mail order: $120 Copay/prescription; subject to deductible	Not covered	Prior authorization required. Prescription drugs are provided for up to 30 days retail and up to 90 days through mail order. Mail orders are subject to 3X retail cost-sharing amount.
	Non-preferred brand drugs (Tier 3)	Retail: $70 Copay/prescription; Mail order: $210 Copay/prescription.	Not covered	Prior authorization required. Prescription drugs are provided for up to 30 days retail and up to 90 days through mail order. Mail orders are subject to 3X retail cost-sharing amount.
	Specialty drugs (Tier 4)	50% Coinsurance	Not covered	Prior authorization required. Prescription drugs are provided for up to 30 days retail and up to 90 days through mail order. Mail orders are subject to 3X retail cost-sharing amount.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance	Not covered	Prior authorization required.
	Physician/surgeon fees	20% Coinsurance	Not covered	Prior authorization required.
If you need immediate medical attention	Emergency room care	$400 Copay/visit: deductible does not apply	$400 Copay/visit: deductible does not apply	-----None-----
	Emergency Medical transportation	20% Coinsurance	20% Coinsurance	-----None-----
	Urgent Care	$50 Copay/visit: deductible does not apply	Not covered	-----None-----

Common Medical Event	Services You May Need	What You will Pay		Limitation, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% Coinsurance	Not covered	Prior authorization required.
	Physician/surgeon fees	20% Coinsurance	Not covered	Prior authorization required.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	$30 Copay/office visit; deductible does not apply; 20% coinsurance for all other outpatient services	Not covered	Prior authorization required. (PCP and Other Practitioner visits do not require prior authorization)
	Inpatient services	20% Coinsurance	Not covered	Prior authorization required.
If you are pregnant	Office visits	$30 Copay/visit; deductible does not apply	Not covered	Prior authorization required. Cost sharing does not apply for preventive services. Depending on the type of services, coinsurance, copayment and/or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	20% Coinsurance	Not covered	Prior authorization required. Cost sharing does not apply for preventive services. Depending on the type of services, coinsurance, copayment and/or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery facility services	20% Coinsurance	Not covered	Prior authorization required. Cost sharing does not apply for preventive services. Depending on the type of services, coinsurance, copayment and/or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).

Common Medical Event	Services You May Need	What You will Pay		Limitation, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need help recovering or have other special health needs	Home health care	20% Coinsurance	Not covered	Prior authorization required. 42 visits per year.
	Rehabilitation services	$50 Copay/visit; deductible does not apply.	Not covered	Prior authorization required. 60 visits per year.
	Habilitation services	20% Coinsurance	Not covered	Prior authorization required. 60 visits per year.
	Skilled nursing care	20% Coinsurance	Not covered	Prior authorization required. 90 days per year.
	Durable medical equipment	20% Coinsurance	Not covered	Prior authorization required.
	Hospice services	20% Coinsurance	Not covered	Prior authorization required.
If your child needs dental or eye care	Children's eye exam	$0 Copay/visit; deductible does not apply	Not covered	1 Visit per Year
	Children's glasses	$0 Copay/item; deductible does not apply	Not covered	1 Item per Year
	Children's dental check-up	Not covered	Not covered	-----None-----

Excluded Services & Other Covered Services

Services your Plan Generally Does NOT cover (Check your policy or plan documentation for more information and a list of any other excluded services.)

- Abortion Services (except in cases of rape, incest or when the life of the mother is endangered)
- Acupuncture
- Dental care (Adult)
- Non-emergency care when traveling outside the U.S.
- Cosmetic surgery
- Long-term care
- Routine eye care (Adult)
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)		
• Bariatric surgery • Private-duty nursing (Covered when medically necessary)	• Chiropractic care (Limited to 20 specialists' visits per year) • Routine foot care (Covered only in connection with the treatment of diabetes)	• Hearing aids (Limited to 1 per ear per year) • Infertility treatment (diagnosis only)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Arizona Department of Insurance, 2910 N. 44th Street, Ste. 210 (2nd Floor) Phoenix, AZ 85018-7269, Phone No. (602) 364-2499 or (800) 325-2548. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Arizona Department of Insurance, 2910 N. 44th Street, Ste. 210 (2nd Floor) Phoenix, AZ 85018-7269, Phone No. (602) 364-2499 or (800) 325-2548.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-926-5057 (TTY/TDD 1-888-926-5180).
Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-926-5057 (TTY/TDD 1-888-926-5180).
Chinese (中文): 如果需要中文的帮助，请拨打这个号码 1-888-926-5057 (TTY/TDD 1-888-926-5180).
Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne 1-888-926-5057 (TTY/TDD 1-888-926-5180).

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage

Peg is Having a baby

(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible $4,200
- Specialist copayment $50
- Hospital (facility) coinsurance 20%
- Other coinsurance 20%

This EXAMPLE even includes services like:
Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery facility Services
Diagnostic test (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	**12800**

In this example, Peg would pay:

Cost Sharing	
Deductibles	4200
Copayments	1000
Coinsurance	1800
What isn't covered	
Limits or exclusions	60
The total Peg would pay is	**7060**

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible $4,200
- Specialist copayment $50
- Hospital (facility) coinsurance 20%
- Other coinsurance 20%

This EXAMPLE even includes services like:
Primary care physician office visits (includes disease education)
Diagnostic tests (blood work)
Prescription Drugs
Durable medical equipment (glucose meter)

Total Example Cost	**7400**

In this example, Joe would pay:

Cost Sharing	
Deductibles	4200
Copayments	1800
Coinsurance	300
What isn't covered	
Limits or exclusions	60
The total Joe would pay is	**6360**

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The plan's overall deductible $4,200
- Specialist copayment $50
- Hospital (facility) coinsurance 20%
- Other coinsurance 20%

This EXAMPLE even includes services like:
Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (Physical therapy)

Total Example Cost	**1900**

In this example, Mia would pay:

Cost Sharing	
Deductibles	1100
Copayments	400
Coinsurance	300
What isn't covered	
Limits or exclusions	0
The total Mia would pay is	**1800**

The plan would be responsible for the other costs of these EXAMPLE covered services.

Health Net complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Health Net does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Health Net:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, accessible electronic formats, other formats).
- Provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, contact Health Net's Customer Contact Center at **1-888-926-5057 (TTY: 711).**

If you believe that Health Net has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by calling the number above and telling them you need help filing a grievance; Health Net's Customer Contact Center is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019 (TDD: 1-800-537-7697).

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Health Net cumple con las leyes federales aplicables sobre derechos civiles y no discrimina por cuestiones de raza, color, nacionalidad, edad, discapacidad ni sexo. Health Net no excluye a las personas ni las trata de manera diferente por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

Health Net:

- Proporciona aparatos y servicios gratuitos a las personas con discapacidades para que se comuniquen eficazmente con nosotros, como intérpretes calificados de lenguaje de señas e información escrita en otros formatos (letra grande, formatos electrónicos accesibles, otros formatos).
- Proporciona servicios de idiomas gratuitos a las personas cuyo idioma principal no es el inglés, como intérpretes calificados e información escrita en otros idiomas.

Si necesita estos servicios, llame al Centro de Comunicación con el Cliente de Health Net al **1-888-926-5057 (TTY: 711).**

Si considera que Health Net no proporcionó estos servicios o ejerció algún otro tipo de discriminación por cuestiones de raza, color, nacionalidad, edad, discapacidad o sexo, puede presentar una queja formal llamando al número que se indica más arriba y diciéndoles que necesita ayuda para presentar una queja formal; el Centro de Comunicación con el Cliente de Health Net está disponible para ayudarle.

También puede presentar una queja sobre derechos civiles ante el Departamento de Salud y Servicios Humanos de los Estados Unidos, Oficina de Derechos Civiles, de manera electrónica a través del Portal de Quejas de la Oficina de Derechos Civiles disponible en https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, o bien, por correo postal o teléfono: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019 (TDD: 1-800-537-7697).

Hay formularios de quejas disponibles en http://www.hhs.gov/ocr/office/file/index.html.

Spanish:	Si usted, o alguien a quien está ayudando, tiene preguntas acerca de Ambetter de Health Net, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-888-926-5057 (TTY/TDD 1-888-926-5180).
Navajo:	Ni da éí doodago háida bíká anilyeedígíí Ambetter from Health Net yína'ídílkidgo t'áá ni nizaad k'ehjí níká a'doowoł dóó hazhó'ó bee nił hodoonihgo bee ná haz'ą́ dóó bą́ą́h ílínígóó. Ata' halne'ígíí ła' bich'į' hadeesdzih nínízingo kojį' hólne' 1-888-926-5057 (TTY/TDD 1-888-926-5180).
Chinese:	如果您，或是您正在協助的對象，有關於 Ambetter from Health Net 方面的問題，您有權利免費以您的母語得到幫助和訊息。如果要與一位翻譯員講話，請撥電話 1-888-926-5057 (TTY/TDD 1-888-926-5180)。
Vietnamese:	Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Ambetter from Health Net, quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 1-888-926-5057 (TTY/TDD 1-888-926-5180).
Arabic:	إذا كان لديك أو لدى شخص تساعده أسئلة حول Ambetter from Health Net ، لديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون أية تكلفة. للتحدث مع مترجم اتصل بـ (TTY/TDD 1-888-926-5180) 1-888-926-5057.
Tagalog:	Kung ikaw, o ang iyong tinutulangan, ay may mga katanungan tungkol sa Ambetter from Health Net, may karapatan ka na makakuha nang tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 1-888-926-5057 (TTY/TDD 1-888-926-5180).
Korean:	만약 귀하 또는 귀하가 돕고 있는 어떤 사람이 Ambetter from Health Net 에 관해서 질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용 부담없이 얻을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기 위해서는 1-888-926-5057 (TTY/TDD 1-888-926-5180) 로 전화하십시오.
French:	Si vous-même ou une personne que vous aidez avez des questions à propos d'Ambetter from Health Net, vous avez le droit de bénéficier gratuitement d'aide et d'informations dans votre langue. Pour parler à un interprète, appelez le 1-888-926-5057 (TTY/TDD 1-888-926-5180).
German:	Falls Sie oder jemand, dem Sie helfen, Fragen zu Ambetter from Health Net hat, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 1-888-926-5057 (TTY/TDD 1-888-926-5180) an.
Russian:	В случае возникновения у вас или у лица, которому вы помогаете, каких-либо вопросов о программе страхования Ambetter from Health Net вы имеете право получить бесплатную помощь и информацию на своем родном языке. Чтобы поговорить с переводчиком, позвоните по телефону 1-888-926-5057 (TTY/TDD 1-888-926-5180).
Japanese:	Ambetter from Health Net について何かご質問がございましたらご連絡ください。ご希望の言語によるサポートや情報を無料でご提供いたします。通訳が必要な場合は、1-888-926-5057 (TTY/TDD 1-888-926-5180) までお電話ください。
Persian:	اگر شما، یا کسي که به او کمک مي کنید سؤالي در مورد Ambetter from Health Net دارید، از این حق برخوردارید که کمک و اطلاعات را بصورت رایگان به زبان خود دریافت کنید. براي صحبت کردن با مترجم با شماره 1-888-926-5057 (TTY/TDD 1-888-926-5180) تماس بگیرید.
Syriac:	ان اتلوخن خورنه مبقورى المساعدة يمصيتون متلفتلن الدوا مشى Ambetter from Health Net يمصيوت مبقريوتن المساعدة.. وخني لا شقلخ زوزة منوخن . ان اتلوخون بارا الآني مندي .وان مترجم رقم تلفون (TTY/TDD 1-888-926-5180) 1-888-926-5057
Serbo-Croatian:	Ako Vi, ili neko kome pomažete, imate pitanja u vezi Ambetter from Health Net, imate pravo na besplatnu pomoć i informaciju na sopstvenom jeziku. Ukoliko želite da pričate sa prevodiocem, pozovite broj 1-888-926-5057 TTY/TDD 1-888-926-5180).
Thai:	หากท่านหรือผู้ที่ท่านให้ความช่วยเหลืออยู่ในขณะนี้มีคำถามเกี่ยวกับ Ambetter from Health Net ท่านมีสิทธิ์ที่จะได้รับความช่วยเหลือและข้อมูลในภาษาของท่าน โดยไม่เสียค่าใช้จ่ายใด ๆ ทั้งสิ้น หากต้องการใช้บริการล่าม กรุณาโทรศัพท์ติดต่อที่หมายเลข 1-888-926-5057 (TTY: 711).

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