## Summary of Benefits and Coverage: What this Plan covers & What You Pay For Covered Services

# Ambetter from Arkansas Health & Wellness : Ambetter Balanced Care 7 (2018) + Vision + Adult Dental

#### Coverage Period: 01/01/2018-12/31/2018

Coverage for: Individual/Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit

https://ambetter.ARHealthWellness.com/2018-brochures.html, or call 1-877-617-0390 (TTY/TDD 877-617-0392). For general definitions of common terms, such as <u>allowed</u> <u>amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-877-617-0390 (TTY/TDD 877-617-0392) to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$5,100 individual/\$10,200 family. Non- <u>network</u> : \$10,200 individual/\$20,400 family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> , primary care, <u>specialist</u> , and <u>urgent care</u> visits, imaging, <u>diagnostic tests</u> , generic and preferred drugs are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	Yes, \$1,000 individual/\$2,000 family for <u>prescription drug</u> <u>coverage</u> . There are no other specific <u>deductibles</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	For <u>network</u> \$6,250 individual/\$12,500 family. For non- <u>network</u> \$12,500 individual/\$25,000 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums, balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>Find a Provider</u> or call 1- 877-617-0390 for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance</u> <u>billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You	u will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitation, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$50 <u>Copay</u> /visit; <u>deductible</u> does not apply.	50% <u>Coinsurance;</u> <u>deductible</u> does not apply.	None	
If you visit a health care <u>provider's</u> office or clinic	<u>Specialist</u> visit	\$75 <u>Copay</u> /visit; <u>deductible</u> does not apply.	50% <u>Coinsurance;</u> <u>deductible</u> does not apply.	Prior authorization required. Failure to obtain prior authorization for any service that requires prior authorization may result in denial of payment for care that may otherwise be covered.	
	Preventive care/ screening/ immunization	No charge	50% <u>Coinsurance;</u> <u>deductible</u> does not apply.	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are <u>preventive</u> . Then check what your <u>plan</u> will pay for.	
lf you have a test	<u>Diagnostic test</u> (x-ray, blood work)	\$50 <u>Copay</u> /test; <u>deductible</u> does not apply.	50% <u>Coinsurance;</u> <u>deductible</u> does not apply.	Prior authorization required.	
If you have a test	Imaging(CT/PET scans, MRIs)	\$150 <u>Copay</u> /test; <u>deductible</u> does not apply.	50% <u>Coinsurance;</u> <u>deductible</u> does not apply.	Prior authorization required.	

		What You will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitation, Exceptions, & Other Important Information	
	Generic Drugs (Tier 1)	Retail: \$10 <u>Copay</u> /prescription; Mail order: \$30 <u>Copay</u> /prescription; <u>deductible</u> does not apply	Not covered	None. Prescription drugs are provided up to 31 days retail and up to 90 days through mail order. Mail orders are subject to 3X retail <u>cost-sharing</u> amount.	
If you need drugs to treat your illness or condition More information about <u>prescription</u> <u>drug coverage</u> is	Preferred brand drugs (Tier 2)	Retail: \$50 <u>Copay</u> /prescription; Mail order: \$150 <u>Copay</u> /prescription; <u>deductible</u> does not apply	Not covered	Prior authorization required. Prescription drugs are provided for up to 31 days retail and up to 90 days through mail order. Mail orders are subject to 3X retail <u>cost-sharing</u> amount.	
available at <u>Preferred</u> <u>Drug List</u> .	Non-preferred brand drugs (Tier 3)	\$100 <u>Copay</u>	Not covered	Prior authorization required. Prescription drugs are provided for up to 31 days retail and up to 90 days through mail order. Mail orders are subject to 3X retail <u>cost-sharing</u> amount.	
	Specialty drugs (Tier 4)	\$250 <u>Copay</u>	Not covered	Prior authorization required. Prescription drugs are provided for up to 31 days retail and up to 90 days through mail order. Mail orders are subject to 3X retail <u>cost-sharing</u> amount.	
If you have	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance	50% Coinsurance	Prior authorization required.	
outpatient surgery	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	Prior authorization required.	
	Emergency room care	\$250 <u>Copay</u> /visit	\$250 <u>Copay</u> /visit	None	
lf you need immediate medical	Emergency Medical transportation	20% Coinsurance	20% Coinsurance	None	
attention	<u>Urgent Care</u>	\$100 <u>Copay</u> /visit: <u>deductible</u> does not apply	50% <u>Coinsurance;</u> <u>deductible</u> does not apply.	None	

Common Medical Event	Services You May Need	What You will Pay           Network Provider (You         Out-of-Network Provider		Limitation, Exceptions, & Other Important Information
		will pay the least)	(You will pay the most)	
lf you have a hospital stay	Facility fee (e.g., hospital room)	\$1,000 <u>Copay</u> per day	50% <u>Coinsurance</u>	Prior authorization required.
nospital stay	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	Prior authorization required.
If you need mental health, behavioral health, or substance       Outpatient services       \$50 Copay/ deductible apply; 20%		\$50 <u>Copay</u> /office visit; <u>deductible</u> does not apply; 20% <u>coinsurance</u> for all other outpatient services	50% <u>Coinsurance</u> /office visit; <u>deductible does</u> <u>not apply; 50%</u> <u>Coinsurance for all</u> <u>other outpatient</u> <u>services</u>	Prior authorization required. (PCP and Other Practitioner visits do not require prior authorization)
	Inpatient services	\$1,000 <u>Copay</u> per day	50% Coinsurance	Prior authorization required.
	Office visits	\$50 <u>Copay</u> /visit; <u>deductible</u> does not apply	50% <u>Coinsurance;</u> <u>deductible</u> does not apply.	Prior authorization required. <u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of services, <u>coinsurance</u> , <u>copayment</u> and/or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
lf you are pregnant	Childbirth/delivery professional services	20% <u>Coinsurance</u>	50% <u>Coinsurance</u>	Prior authorization required. <u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of services, <u>coinsurance</u> , <u>copayment</u> and/or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery facility services	\$1,000 <u>Copay</u> per day	50% <u>Coinsurance</u>	Prior authorization required. <u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of services, <u>coinsurance</u> , <u>copayment</u> and/or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).

	What You will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitation, Exceptions, & Other Important Information
	Home health care	20% Coinsurance	50% Coinsurance	Prior authorization required. 50 visits per year.
	Rehabilitation services	\$50 <u>Copay</u> /visit; <u>deductible</u> does not apply.	50% <u>Coinsurance;</u> <u>deductible</u> does not apply.	Prior authorization required for in home services. 30 visits per year. Combined with PT, OT, and ST.
If you need help	Habilitation services	\$50 <u>Copay</u> /visit; <u>deductible</u> does not apply.	50% <u>Coinsurance;</u> <u>deductible</u> does not apply.	Prior authorization required. 30 visits per year for outpatient habilitative services. 180 visits per year for developmental services.
If you need help recovering or have other special health	Skilled nursing care	\$100 <u>Copay</u> per day	50% Coinsurance	Prior authorization required. 60 days per year in a facility.
needs	Durable medical equipment	\$50 <u>Copay</u> /visit; <u>deductible</u> does not apply.	50% <u>Coinsurance;</u> <u>deductible</u> does not apply.	Prior authorization required.
	Hospice services	20% <u>Coinsurance</u>	50% <u>Coinsurance</u>	Prior authorization required. Benefits for hospice inpatient, home or outpatient care are available to a terminally ill covered person for one continuous period up to 180 days in a covered person's lifetime.
If your child needs	Children's eye exam	\$0 <u>Copay</u> /visit; <u>deductible</u> does not apply	\$0 <u>Copay</u> /visit; <u>deductible</u> does not apply	1 Visit per Year
dental or eye care	Children's glasses	\$0 <u>Copay</u> /item; <u>deductible</u> does not apply	\$0 <u>Copay</u> /item; <u>deductible</u> does not apply	1 Item per Year
	Children's dental check-up	Not covered	Not covered	None

# **Excluded Services & Other Covered Services**

Services your Plan Generally Does NOT cover (Check your policy or plan documentation for more information and a list of any other excluded services.)

- Abortion (Except in cases of rape, incest, or when the life of the mother is endangered)
- Acupuncture
- Cosmetic surgery
- Non-emergency care when traveling outside the 

   U.S.
- Private-duty nursing

- Bariatric surgery
- Long-term care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)			
Chiropractic care (Limited to 30 specialists' visits      Dental care (Adult)     Hearing aids (Limited to one pair per year)			
per year) •	Infertility treatment (See policy for coverage	٠	Routine eye care (Adult)
	details)	•	Routine foot care (Related to diabetes treatment)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Arkansas Insurance Department, 1200 West Third Street Little Rock, AR 72201-1904, Phone No. (501) 371-2600 or 1-800-282-9134 Fax No. (800) 852-5494 Seniors No. (800)224-6330. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, <u>visit www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Arkansas Insurance Department, 1200 West Third Street Little Rock, AR 72201-1904, Phone No. (501) 371-2600 or 1-800-282-9134 Fax No. (800) 852-5494 Seniors No. (800)224-6330). Additionally, a consumer assistance program can help you file your appeal. Contact 1-855-332-2227 or (501) 371-2645.

# Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-617-0390, TTY/TDD 1-877-617-0392. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-617-0390, TTY/TDD 1-877-617-0392. Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-617-0390, TTY/TDD 1-877-617-0392. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne 1-877-617-0390, TTY/TDD 1-877-617-0392.

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.-

## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage

Peg is Having a b	baby
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(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible \$5,100 Specialist copayment \$75 Hospital (facility) copayment \$1,000 50%
- Other coinsurance

This EXAMPLE even includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery facility Services Diagnostic test (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,800		
In this example, Peg would pay:			
Cost Sharing			
Deductibles	\$3,650		
Copayments	\$2,600		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$60		

\$6,310

The total Peg would pay is

Managing Joe's type 2 Diabete	es			
(a year of routine in-network care of controlled condition)	a well-			
The <u>plan's</u> overall <u>deductible</u>	\$5,100			
Specialist copayment	\$75			
<ul> <li>Hospital (facility) <u>copayment</u></li> </ul>	\$1,000			
<ul> <li>Other <u>coinsurance</u></li> </ul>	50%			
This EXAMPLE even includes services like:				
Primary care physician office visits (includes				
disease education)				
Diagnostic tests (blood work)				
Prescription Drugs				
Durable medical equipment (glucose meter)				

Total Example Cost \$7,400

### In this example. Joe would pay:

Cost Sharing		
Deductibles	\$0	
Copayments	\$4,000	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Joe would pay is	\$4,060	

### **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$5,100
Specialist copayment	\$75
<ul> <li>Hospital (facility) <u>copayment</u></li> </ul>	\$1,000
<ul> <li>Other <u>coinsurance</u></li> </ul>	50%

This EXAMPLE even includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (Physical therapy)

Total Example Cost	\$1,900
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### In this example, Mia would pay:

Cost Sharing	
Deductibles	\$1,100
Copayments	\$500
Coinsurance	\$300
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,900

The plan would be responsible for the other costs of these EXAMPLE covered services.

#### Statement of Non-Discrimination

Ambetter of Arkansas complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Ambetter of Arkansas does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Ambetter of Arkansas:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact Ambetter of Arkansas, at 1-877-617-0390 (TTY/TDD 1-877-617-0392).

If you believe that Ambetter of Arkansas has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Ambetter of Arkansas Appeals Unit, P.O. Box 25538, Little Rock, AR 72221, 1-877-617-0390 (TTY/TDD 1-877-617-0392), Fax 1-866-811-3255. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Ambetter of Arkansas is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

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Spanish:	Si usted, o alguien a quien está ayudando, tiene preguntas acerca de Ambetter de Arkansas Health & Wellness, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-877-617-0390 (TTY/TDD 1-877-617-0392).
Vietnamese:	Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Ambetter from Arkansas Health & Wellness, quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 1-877-617-0390 (TTY/TDD 1-877-617-0392).
Marshallese:	Ne kwe, ak bar juon eo kwōj jipañe, ewōr an kajjitōk kōn Ambetter from Arkansas Health & Wellness, ewōr am jimwe in bōk jipañ im melele ko ilo kajin eo am ejjeļok wōnāān. Nan kōnono ippān juon ri-ukōk, kirlok 1-877-617-0390 (TTY/TDD 1-877-617-0392).
Chinese:	如果您,或是您正在協助的對象,有關於 Ambetter from Arkansas Health & Wellness 方面的問題。您有權利免費以您的母語得到幫助和訊息。如果要與一位翻譯員講話,請撥電話 1-877-617-0390 (TTY/TDD 1-877-617-0392)。
Laotian:	ຖ້າທ່ານ ຫຼືຄົນທີ່ທ່ານກຳລັງຊ່ວຍເຫຼືອ ມີຄຳຖາມກ່ຽວກັບ Ambetter from Arkansas Health & Wellness, ທ່ານມີສິດທີ່ຈະໄດ້ຮັບການຊ່ວຍເຫຼືອແລະຂໍ້ມູນຂ່າວສານທີ່ເປັນພາສາຂອງທ່ານ ໂດຍບໍ່ມີຄ່າໃຊ້ຈ່າຍ. ເພື່ອຈະເວົ້າກັບ ນາຍພາສາ ໃຫ້ໂທຫາ 1-877-617-0390 (TTY/TDD 1-877-617-0392).
Tagalog:	Kung ikaw, o ang iyong tinutulangan, ay may mga katanungan tungkol sa Ambetter from Arkansas Health & Wellness, may karapatan ka na makakuha nang tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 1-877-617-0390 (TTY/TDD 1-877-617-0392).
Arabic:	إذا كان لديك أو لدى شخص تساعده أسئلة حول Ambetter from Arkansas Health & Wellness، نديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون أية نكلفة. للتحدث مع مترجم اتصل بـ 0390-617-877-1-877 (TTY/TDD 1-877-617-0392).
German:	Falls Sie oder jemand, dem Sie helfen, Fragen zu Ambetter from Arkansas Health & Wellness hat, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 1-877-617-0390 (TTY/TDD 1-877-617-0392) an.
French:	Si vous-même ou une personne que vous aidez avez des questions à propos d'Ambetter from Arkansas Health & Wellness, vous avez le droit de bénéficier gratuitement d'aide et d'informations dans votre langue. Pour parler à un interprète, appelez le 1-877-617-0390 (TTY/TDD 1-877-617-0392).
Hmong:	Yog koj, los yog tej tus neeg uas koj pab ntawd, muaj lus nug txog Ambetter from Arkansas Health & Wellness, koj muaj cai kom lawv muab cov ntshiab lus qhia uas tau muab sau ua koj hom lus pub dawb rau koj. Yog koj xav nrog ib tug neeg txhais lus tham, hu rau 1-877-617-0390 (TTY/TDD 1-877-617-0392).
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Portuguese:	Se você, ou alguém a quem você está ajudando, tem perguntas sobre o Ambetter from Arkansas Health & Wellness, você tem o direito de obter ajuda e informação em seu idioma e sem custos. Para falar com um intérprete, ligue para 1-877-617-0390 (TTY/TDD 1-877-617-0392).
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