Ambetter Balanced Care 10 (2017) + Vision +

#### **Adult Dental**

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

#### Coverage Period: 01/01/2017 - 12/31/2017 Coverage for: Individual/Family | Plan Type: EPO

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at http://ambetter.mhsindiana.com/ or by calling 877-687-1182, TTY/TDD 800-743-3333

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	<b>\$4,000</b> individual / <b>\$8,000</b> family.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy plan or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <b><u>deductibles</u></b> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-</u> <u>pocket-limit</u> on my expenses?	Yes, for network providers <b>\$5,500</b> individual/ <b>\$11,000</b> family. No, for non-network providers.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out–of–pocket limit</u> ?	Premiums, balance-billed charges, and non-network services this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <b><u>out-of-pocket limit</u></b> .
Is there an overall annual limit on what the plan pays?	No	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. See <b>Find a Provider</b> or call <b>1-877-687-1182</b> for a list of participating providers.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a <u>specialist</u> ?	No, you don't need a referral to see a network specialist.	You can see the <b>specialist</b> you choose without permission from this plan; however, prior authorization is required from this plan.
Are there services this plan doesn't cover?	Yes	Some of the services this plan doesn't cover are listed on page 4. See your policy or plan document for additional information about <u>excluded services</u> .

#### Questions: Call 877-687-1182, TTY/TDD 800-743-3333 or visit us at http://ambetter.mhsindiana.com/.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at **www.cciio.cms.gov** or call **877-687-1182**, **TTY/TDD 800-743-3333** to request a copy.

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SBC-76179IN0130004-04



- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed</u> <u>amount</u> you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed</u> <u>amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>).
- This plan may encourage you to use in-network **providers** by charging you lower **<u>deductibles</u>**, **<u>copayments</u>**, and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In- network Provider	Your Cost If You Use an Out-of- network Provider	Limitations & Exceptions
If you visit a baalth	Primary care visit to treat an injury or illness	\$10 Copay/visit	Not covered	None
If you visit a health care <u>provider's</u> office	Specialist visit	\$20 Copay/visit	Not covered	Prior approval required.
or clinic	Other practitioner office visit	\$10 Copay/visit	Not covered	None
or ennie	Preventive care/screening/immunization	No charge	Not covered	None
If you have a toot	Diagnostic test (x-ray, blood work)	20% Coinsurance after deductible	Not covered	Prior approval required.
If you have a test	Imaging (CT/PET scans, MRIs)	20% Coinsurance after deductible	Not covered	Prior approval required.
If you need drugs to treat your illness or condition	Generic drugs	\$5 Copay	Not covered	None
	Preferred brand drugs	\$50 Copay	Not covered	Prior approval required.
More information about prescription drug coverage is available at <u>Preferred Drug List</u> .	Non-preferred brand drugs	20% Coinsurance after deductible	Not covered	Prior approval required. Subject to
	Specialty drugs	20% Coinsurance after deductible	Not covered	deductible
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance after deductible	Not covered	Prior approval required.
	Physician/surgeon fees	20% Coinsurance after deductible	Not covered	Prior approval required.

Common Medical Event	Services You May Need	Your Cost If You Use an In- network Provider	Your Cost If You Use an Out-of- network Provider	Limitations & Exceptions
If you need immediate medical attention	Emergency room services	20% Coinsurance after deductible	20% Coinsurance after deductible	None
	Emergency medical transportation	20% Coinsurance after deductible	20% Coinsurance after deductible	None
	Urgent care	\$75 Copay	Not covered	None
If you have a hospital	Facility fee (e.g., hospital room)	20% Coinsurance after deductible	Not covered	Prior approval required.
stay	Physician/surgeon fee	20% Coinsurance after deductible	Not covered	Prior approval required.
	Mental/Behavioral health outpatient services	\$10 Copay	Not covered	Prior approval required.
If you have mental health, behavioral	Mental/Behavioral health inpatient services	20% Coinsurance after deductible	Not covered	Prior approval required.
health, or substance	Substance use disorder outpatient services	\$10 Copay	Not covered	Prior approval required.
abuse needs	Substance use disorder inpatient services	20% Coinsurance after deductible	Not covered	Prior approval required.
	Prenatal and postnatal care	\$10 Copay	Not covered	Prior approval required.
If you are pregnant	Delivery and all inpatient services	20% Coinsurance after deductible	Not covered	Prior authorization required. 48 hour minimum stay.
	Home health care	20% Coinsurance after deductible	Not covered	Prior authorization required. 100 visits per benefit period.
	Rehabilitation services	20% Coinsurance after deductible	Not covered	Prior authorization required. 60 visits per year, 20 visits per benefit per year.
If you need help recovering or have	Habilitation services	20% Coinsurance after deductible	Not covered	Prior authorization required. 60 visits per benefit period.
other special health needs	Skilled nursing care	20% Coinsurance after deductible	Not covered	Prior authorization required. 90 days per year in a facility.
	Durable medical equipment	20% Coinsurance after deductible	Not covered	Prior authorization required.
	Hospice service	20% Coinsurance after deductible	Not covered	Prior authorization required.

Common Medical Event	Services You May Need	Your Cost If You Use an In- network Provider		Limitations & Exceptions
If your child needs	Eye exam	\$0 Copay/visit	Not covered	1 Visit per year
dental or eye care	Glasses	\$0 Copay/visit	Not covered	1 Item per year
	Dental check-up	Not covered	Not covered	None

#### **Excluded Services & Other Covered Services**

<ul> <li>Abortion (Except in cases of rape, incest, or when the life of the mother is endangered)</li> <li>Cosmetic surgery</li> <li>Long-term care</li> <li>Weight loss programs</li> </ul>	<ul><li>Acupuncture</li><li>Hearing aids</li><li>Non-emergency care when traveling outside the U.S.</li></ul>	<ul> <li>Bariatric surgery</li> <li>Infertility treatment</li> <li>Routine foot care (Not related to diabetes treatment)</li> </ul>
· -	ete list. Check your policy or plan document for othe	er covered services and your costs for these
services.)		

• Routine eye care (Adult)

#### Your Rights to Continue Coverage

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 877-687-1182, TTY/TDD 800-743-3333. You may also contact your state insurance department at Indiana Department of Insurance, 311 West Washington Street, Suite 100, Indianapolis, IN, 46204, Phone No. (317) 232-2385 or (800) 622-4461.

#### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: Indiana Department of Insurance, 311 West Washington Street, Suite 100, Indianapolis, IN, 46204, Phone No. (317) 232-2385 or (800) 622-4461.

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy <u>does provide</u> minimum essential coverage.

#### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

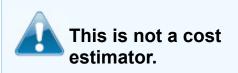
#### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 877-687-1182, TTY/TDD 800-743-3333 Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 877-687-1182 (TDD/TTY 1-800-743-3333). [Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 877-687-1182 (TDD/TTY 1-800-743-3333).

- To see examples of how this plan might cover costs for a sample medical situation, see the next page. -

## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

#### Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$3,120
- Patient pays \$4,420

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

#### Patient pays

Deductibles	\$4,000
Copays	\$20
Coinsurance	\$200
Limits or exclusions	\$200
Total	\$4,420

#### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$2,720
- Patient pays \$2,680

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays

Deductibles	\$2,400
Copays	\$200
Coinsurance	\$0
Limits or exclusions	\$80
Total	\$2,680

#### **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Examples helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

**No**. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

**No**. Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

✓ <u>Yes</u>. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

### Are there other costs I should consider when comparing plans?

✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

Questions: Call 877-687-1182, TTY/TDD 800-743-3333 or visit us at http://ambetter.mhsindiana.com/.

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#### Statement of Non-Discrimination

Ambetter from MHS complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Ambetter from MHS does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Ambetter from MHS:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact Ambetter from MHS at 1-877-687-1182 (TTY/TDD 1-800-743-3333).

If you believe that Ambetter from MHS has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Grievance and Appeals Coordinator, 1099 N Meridian Street, Suite 400, Indianapolis, IN 46204, 1-877-687-1182 (TTY/TDD 1-800-743-3333), Fax 1-866-714-7993. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Ambetter from MHS is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal/lobby.jsf</a>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at <u>http://www.hhs.gov/ocr/office/file/index.html</u>.

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Spanish	Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Ambetter from MHS, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-877-687-1182 (TTY/TDD 1-800- 743-3333).
Chinese	如果您,或是您正在協助的對象,有關於 Ambetter from MHS 方面的問題,您有權利免費以您的母語得到幫助和訊息。洽詢 一位翻譯員,請撥電話 1-877-687-1182 (TTY/TDD 1-800-743-3333)。
German	Falls Sie oder jemand, dem Sie helfen, Fragen zum Ambetter from MHS haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 1-877-687- 1182 (TTY/TDD 1-800-743-3333) an.
Pennsylvanian Dutch	Wann du hoscht en Froog, odder ebber, wu du helfscht, hot en Froog baut Ambetter from MHS, hoscht du es Recht fer Hilf un Information in deinre eegne Schprooch griege, un die Hilf koschtet nix. Wann du mit me Interpreter schwetze witt, kannscht du 1-877-687-1182 (TTY/TDD 1-800-743-3333) uffrufe.
Burmese	သင္သို႔မဟုတ္သင္ကူညီေနသူတစ္ဦးဦးက Ambetter from MHS ႏွင့္ပတ္သက္၍ ေမးခြန္းရွိလာပါက ကုန္က်စရိတ္ ေပးရန္မလိုဘဲ မိမိဘာသာစကားျဖင့္ အကူအညီရယူႏိူင္သည္။ စကားျပန္ႏွင့္ေျပာလိုပါက 1-877-687-1182 (TTY/TDD 1-800-743-3333) သို႔ ေခၚဆိုပါ။
Arabic	إن كان لديك أو لدى شخص تساعده أسئلة بخصوص Ambetter from MHS ، فلديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون اية تكلفة. للتحدث مع مترجم اتصل ب (TTY/TDD 1-800-743-3333) TTY/TDD-187-687-1182.
Korean	만약 귀하 또는 귀하가 돕고 있는 어떤 사람이 Ambetter from MHS 에 관해서 질문이 있다면 귀하는 그러한 도움과 정보를 귀 하의 언어로 비용 부담없이 얻을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기 위해서는 1-877-687-1182 (TTY/TDD 1- 800-743-3333) 로 전화하십시오.
Vietnamese	Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Ambetter from MHS, quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 1-877-687-1182 (TTY/TDD 1- 800-743-3333).
French	Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Ambetter from MHS, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 1-877-687- 1182 (TTY/TDD 1-800-743-3333).

Japanese	ご本人様、またはお客様の身の回りの方でも、Ambetter from MHSについてご質問がございました ら、ご希望の言語でサ ポートを受けたり、情報を入手したりすることができます。料金はかかりません。 通訳とお話される場合、1-877-687- 1182 (TTY/TDD 1-800-743-3333)までお電話ください
Dutch	Als u, of iemand die u helpt, vragen heeft over Ambetter from MHS, heeft u het recht om hulp en informatie te krijgen in uw taal zonder kosten. Om te praten met een tolk, bel 1-877-687-1182 (TTY/TDD 1-800-743-3333).
Tagalog	Kung ikaw, o ang iyong tinutulangan, ay may mga katanungan tungkol sa Ambetter from MHS, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 1- 877-687-1182 (TTY/TDD 1-800-743-3333).
Russian	Если у вас или лица, которому вы помогаете, имеются вопросы по поводу Ambetter from MHS, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 1-877-687-1182 (TTY/TDD 1-800-743-3333).
Punjabi	ਜੇ ਤੁਹਾਨ ੂੰ , ਜਾਂ ਤੁਸੀ ਜਜਸ ਦੀ ਮਦਦ ਕਰ ਰਹੇ ਹੋ , Ambetter from MHS ਕੋਈ ਸਵਾਲ ਹੈ ਤਾਂ, ਤੁਹਾਨ ੂੰ ਜਿਨਾ ਜਕਸੇ ਕੀਮਤ 'ਤੇ ਆਪਣੀ ਭਾਸਾ ਜਵਿੱਚ ਮਦਦ ਅਤੇ ਜਾਣਕਾਰੀ ਪਰਾਪਤ ਕਰਨ ਦਾ ਅਜਿਕਾਰ ਹੈ . ਦੁਭਾਸੀਏ ਨਾਲ ਗਿੱਲ ਕਰਨ ਲਈ, 1-877-687-1182 (TTY/TDD 1-800-743-3333) ਤੇ ਕਾਲ ਕਰੋ
Hindi	यदि आपके ,या आप द्वारा सहायता ककए जा रहे ककसी व्यक्तत के Ambetter from MHS के बारे में प्रश्न हैं ,तो आपके पास अपनी भाषा में मुफ्त में सहायता और सूचना प्राप्त करने का अधिकार है। ककसी ुिभाषषए से बात करन े के लिए ,1-877-687-1182 (TTY/TDD 1-800-743-3333) पर किॉ करें।