Ambetter of Arkansas: Ambetter Secure Care 1 + Vision + Adult Dental

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period:

Coverage for: Individual/Family | Plan Type: PPO

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at **http://ambetter.ambetterofarkansas.com/** or by calling **877-617-0390, TTY/TDD 877-617-0392**

Important Questions	Answers	Why this Matters:
What is the overall deductible?	In network: **$1,500** individual / **$3,000** family. Out of network: **$3,000** individual / **$6,000** family. Does not apply to preventive care and drugs.	You must pay all the costs up to the **deductible** amount before this plan begins to pay for covered services you use. Check your policy plan or plan document to see when the **deductible** starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the **deductible**.
Are there other deductibles for specific services?	Yes, **$1,000** individual / **$2,000** family for drug expenses.	You must pay all of the costs for these services up to the specific **deductible** amount before this plan begins to pay for these services.
Is there an out-of-pocket-limit on my expenses?	Yes, for in-network: **$6,350** individual/**$12,700** family. For out-of-network: **$12,500** individual/**$25,000** family.	The **out-of-pocket limit** is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out–of–pocket limit?	Premiums and balance-billed charges this plan doesn't cover.	Even though you pay these expenses, they don't count toward the **out-of-pocket limit**.
Is there an overall annual limit on what the plan pays?	No	The chart starting on page 2 describes any limits on what the plan will pay for *specific* covered services, such as office visits.
Does this plan use a network of providers?	Yes. See **http://ambetter.ambetterofarkansas.com/ findadoc** or call **1-877-617-0390** for a list of participating providers.	If you use an in-network doctor or other health care **provider**, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network **provider** for some services. Plans use the term in-network, **preferred**, or participating for **providers** in their **network**. See the chart starting on page 2 for how this plan pays different kinds of **providers**.
Do I need a referral to see a specialist?	No, you don't need a referral to see a specialist.	You can see the **specialist** you choose without permission from this plan.

Important Questions	Answers	Why this Matters:
Are there services this plan doesn't cover?	Yes	Some of the services this plan doesn't cover are listed on page 7. See your policy or plan document for additional information about **excluded services**.

- **Copayments** are fixed dollar amounts (for example, $15) you pay for covered health care, usually when you receive the service
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is $1,000, your **coinsurance** payment of 20% would be $200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount** you may have to pay the difference. For example, if an out-of-network hospital charges $1,500 for an overnight stay and the **allowed amount** is $1,000, you may have to pay the $500 difference. (This is called **balance billing**).
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles**, **copayments**, and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	10% Coinsurance after deductible	30% Coinsurance after deductible	-----None-----
	Specialist visit	10% Coinsurance after deductible	30% Coinsurance after deductible	-----None-----
	Other practitioner office visit	10% Coinsurance after deductible	30% Coinsurance after deductible	-----None-----
	Preventive care/screening/immunization	No charge	30% Coinsurance	1 Visit(s) per Year
If you have a test	Diagnostic test (x-ray, blood work)	10% Coinsurance after deductible	30% Coinsurance after deductible	Prior approval required
	Imaging (CT/PET scans, MRIs)	10% Coinsurance after deductible	30% Coinsurance after deductible	Prior approval required.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at http://ambetter.ambetterofarkansas.com/formulary.	Generic drugs	$10 Copay/30 day supply.	Not covered	-----None-----
	Preferred brand drugs	$20 Copay after deductible/30 day supply.	Not covered	$1,000 individual / $2,000 family Rx deductible for preferred brand drugs, non-preferred brand drugs and specialty drugs
	Non-preferred brand drugs	$100 Copay after deductible/30 day supply.	Not covered	
	Specialty drugs	30% Coinsurance after deductible/30 day supply.	Not covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% Coinsurance after deductible	30% Coinsurance after deductible	Prior approval required.
	Physician/surgeon fees	10% Coinsurance after deductible	30% Coinsurance after deductible	Prior approval required.
If you need immediate medical attention	Emergency room services	$250 Copay after deductible /visit	$250 Copay after deductible /visit	-----None-----
	Emergency medical transportation	10% Coinsurance after deductible	10% Coinsurance after deductible	-----None-----
	Urgent care	10% Coinsurance after deductible	30% Coinsurance after deductible	-----None-----
If you have a hospital stay	Facility fee (e.g., hospital room)	10% Coinsurance after deductible	30% Coinsurance after deductible	Prior approval required.
	Physician/surgeon fee	10% Coinsurance after deductible	30% Coinsurance after deductible	Prior approval required.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	10% Coinsurance after deductible	30% Coinsurance after deductible	Prior approval required.
	Mental/Behavioral health inpatient services	10% Coinsurance after deductible	30% Coinsurance after deductible	Prior approval required.
	Substance use disorder outpatient services	10% Coinsurance after deductible	30% Coinsurance after deductible	Prior approval required.
	Substance use disorder inpatient services	10% Coinsurance after deductible	30% Coinsurance after deductible	Prior approval required.
If you are pregnant	Prenatal and postnatal care	10% Coinsurance after deductible	30% Coinsurance after deductible	-----None-----
	Delivery and all inpatient services	10% Coinsurance after deductible	30% Coinsurance after deductible	Prior approval required.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you need help recovering or have other special health needs	Home health care	10% Coinsurance after deductible	30% Coinsurance after deductible	Prior approval required. 50 Visit(s) per Year
	Rehabilitation services	10% Coinsurance after deductible	30% Coinsurance after deductible	Prior approval required after limits have been met. 30 Visit(s) per Year. Combined with PT, OT, and ST
	Habilitation services	10% Coinsurance after deductible	30% Coinsurance after deductible	Prior approval required after limits have been met. 30 visits per year for outpatient services, 180 hours per year for development services.
	Skilled nursing care	10% Coinsurance after deductible	30% Coinsurance after deductible	60 Visit(s) per Year
	Durable medical equipment	10% Coinsurance after deductible	30% Coinsurance after deductible	Prior approval required
	Hospice service	10% Coinsurance after deductible	30% Coinsurance after deductible	Prior approval required
If your child needs dental or eye care	Eye exam	$20 Copay/visit	$20 Copay/visit	1 Visit(s) per Year
	Glasses	$20 Copay/pair	$20 Copay/pair	1 Item(s) per Year
	Dental check-up	Not covered	Not covered	-----None-----

Excluded Services & Other Covered Services

Services Your Plan Does Not Cover **(This isn't a complete list. Check your policy or plan document for other excluded services.)**

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing (on an outpatient basis; lifetime maximum of 1,000 hours)
- Routine foot care (Not related to diabetes treatment)
- Weight loss programs

Other Covered Services **(This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)**

- Chiropractic care (Limited to 30 specialists' visits per year)
- Dental Care (Adult comprehensive dental benefits, class 2 are subject to a six month waiting period)
- Hearing aids (Limited to one pair per year)
- Infertility treatment
- Routine eye care (Adult)

Your Rights to Continue Coverage

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 877-617-0390, TTY/TDD 877-617-0392. You may also contact your state insurance department at Arkansas Insurance Department, 1200 West Third Street Little Rock, AR 72201-1904, Phone No. (501) 371-2600 or 1-800-282-9134 Fax No. (800) 852-5494 Seniors No. (800)224-6330.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Arkansas Insurance Department, 1200 West Third Street Little Rock, AR 72201-1904, Phone No. (501) 371-2600 or 1-800-282-9134 Fax No. (800) 852-5494 Seniors No. (800)224-6330.

Additionally, a consumer assistance program can help you file your appeal. Contact 1-855-332-2227 or (501) 371-2645.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 877-617-0390, TTY/TDD 877-617-0392

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.

This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby
(normal delivery)

- **Amount owed to providers:** $7,540
- **Plan pays** $5,290
- **Patient pays** $2,250

Sample care costs:

Hospital charges (mother)	$2,700
Routine obstetric care	$2,100
Hospital charges (baby)	$900
Anesthesia	$900
Laboratory tests	$500
Prescriptions	$200
Radiology	$200
Vaccines, other preventive	$40
Total	**$7,540**

Patient pays

Deductibles	$1,520
Copays	$0
Coinsurance	$580
Limits or exclusions	$150
Total	**$2,250**

Managing type 2 diabetes
(routine maintenance of a well-controlled condition)

- **Amount owed to providers:** $5,400
- **Plan pays** $2,460
- **Patient pays** $2,940

Sample care costs:

Prescriptions	$2,900
Medical Equipment and Supplies	$1,300
Office Visits and Procedures	$700
Education	$300
Laboratory tests	$100
Vaccines, other preventive	$100
Total	**$5,400**

Patient pays

Deductibles	$2,500
Copays	$270
Coinsurance	$90
Limits or exclusions	$80
Total	**$2,940**

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Examples helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✘ **No**. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✘ **No**. Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ **Yes**. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ **Yes**. An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.