Summary of Benefits and Coverage: What this Plan Covers & What it Costs

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at Additional Info.Footer Contact URL or by calling Additional Info.Summary Disclaimer Contact Phone

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	\$6,000 individual / \$12,000 family. Does not apply to preventive care.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy plan or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-</u> <u>pocket-limit</u> on my expenses?	Yes, for in-network providers \$6,350 individual/\$12,700 family. No, for out-of-network providers.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out–of–pocket limit</u> ?	Premiums, balance-billed charges, and out-of-network services this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Is there an overall annual limit on what the plan pays?	No	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. See http://address.com or call 1 (234) 567-890 for a list of participating providers.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a <u>specialist</u> ?	Yes	This plan will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have the plan's permission before you see the <u>specialist</u> .
Are there services this plan doesn't cover?	Yes	Some of the services this plan doesn't cover are listed on page 6. See your policy or plan document for additional information about <u>excluded services</u> .

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service
 - <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
 - The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed</u> <u>amount</u> you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed</u> <u>amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>).
 - This plan may encourage you to use in-network **providers** by charging you lower **<u>deductibles</u>**, **<u>copayments</u>**, and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In- network Provider		Limitations & Exceptions
	Primary care visit to treat an injury or illness	40% Coinsurance after deductible	Not covered	None
If you visit a health care <u>provider's</u> office	Specialist visit	40% Coinsurance after deductible	Not covered	None
or clinic	Other practitioner office visit	40% Coinsurance after deductible	Not covered	None
	Preventive care/screening/immunization	No charge	Not covered	None
If you have a test	Diagnostic test (x-ray, blood work)	40% Coinsurance after deductible	Not covered	Prior approval required
n you nave a lest	Imaging (CT/PET scans, MRIs)	40% Coinsurance after deductible	Not covered	Prior approval required

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Coverage Period:

Coverage for: Individual/Family | Plan Type: HMO

Common Medical Event	Services You May Need	Your Cost If You Use an In- network Provider		Limitations & Exceptions
If you need drugs to	Generic drugs	Retail: \$25 Copay/30 day supply.	Not covered	None
treat your illness or condition	Preferred brand drugs	Retail: \$50 Copay after deductible/30 day supply.	Not covered	Subject to deductible
More information about prescription drug	Non-preferred brand drugs	Not covered	Not covered	None
<u>coverage</u> is available at Drugs.Contact URL.	Specialty drugs	Retail: 30% Coinsurance after deductible/30 day supply.	Not covered	Subject to deductible
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	40% Coinsurance after deductible	Not covered	Prior approval required
surgery	Physician/surgeon fees 40% Coinsurance after deductible Not covered		Not covered	Prior approval required
If you need immediate	Emergency room services	40% Coinsurance after deductible / visit	40% Coinsurance after deductible / visit	None
medical attention	Emergency medical transportation	40% Coinsurance after deductible	40% Coinsurance after deductible	None
	Urgent care	40% Coinsurance after deductible	Not covered	None
If you have a hospital stay	Facility fee (e.g., hospital room)	40% Coinsurance after deductible	Not covered	Prior approval required

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	Physician/surgeon fee	40% Coinsurance after deductible	Not covered	Prior approval required
	Mental/Behavioral health outpatient services	40% Coinsurance after deductible	Not covered	Prior approval required
If you have mental health, behavioral	Mental/Behavioral health inpatient services	40% Coinsurance after deductible	Not covered	Prior approval required
health, or substance abuse needs	Substance use disorder outpatient services	40% Coinsurance after deductible	Not covered	Prior approval required
	Substance use disorder inpatient services	40% Coinsurance after deductible	Not covered	Prior approval required.
If you are present	Prenatal and postnatal care	40% Coinsurance after deductible	Not covered	None
If you are pregnant	Delivery and all inpatient services	40% Coinsurance after deductible	Not covered	Prior approval required. Including involuntary termination of pregnancy

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Common Medical Event	Services You May Need	Your Cost If You Use an In- network Provider		Limitations & Exceptions
	Home health care	40% Coinsurance after deductible	Not covered	Prior approval required. 130 Visit(s) per Year
	Rehabilitation services	40% Coinsurance after deductible	Not covered	Prior approval required after limits have been met. 25 Visit(s) per Year
If you need help recovering or have	Habilitation services	40% Coinsurance after deductible	Not covered	Prior approval required after limits have been met. 25 Visit(s) per Year
other special health needs	Skilled nursing care	40% Coinsurance after deductible	Not covered	60 Days per Year
	Durable medical equipment	40% Coinsurance after deductible	Not covered	Prior approval required
	Hospice service	40% Coinsurance after deductible	Not covered	Prior approval required. 14 Days per Lifetime
	Eye exam	No Charge	Not covered	1 Treatment(s) per Year
If your child needs dental or eye care	Glasses	No Charge	Not covered	1 Item(s) per Year. 1 pair lenses and 1 pair frames per year
	Dental check-up	Not covered	Not covered	None

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Excluded Services & Other Covered Services

Services Your Plan Does Not Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)				
Bariatric surgery	Cosmetic surgery	Dental care (adult)		
• Dental care (child)	• Infertility treatment	 Non-emergency care when traveling outside the 		
Non-preferred brand drugs	Private-duty nursing	U.S.		
• Weight loss programs		• Routine eye care (Adult)		
Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these				
ervices.)				
• Abortion services for which Federal fu	nde are Acupuncture	Chiropractic care		

Abortion services for which Federal funds are prohibited
Hearing aids (Coverage for cochlear implants only)
Acupuncture
Acupuncture
Chiropractic care
Routine foot care (For diabetes treatment)

Your Rights to Continue Coverage

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at Additional Info.Coverage Rights Contact 1. You may also contact your state insurance department at Consumer Advocacy/SHIBA Office of the Insurance Commissioner, 5000 Capitol Blvd., SE, Turnwater, WA 98501, Phone No. (800) 562-6900 or (360) 725-7080

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: Consumer Advocacy/SHIBA Office of the Insurance Commissioner, 5000 Capitol Blvd., SE, Turnwater, WA 98501, Phone No. (800) 562-6900 or (360) 725-7080

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Additional Info.Consumer Assistance Info

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy <u>does provide</u> minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al Additional Info.Other Language Contact 1

- To see examples of how this plan might cover costs for a sample medical situation, see the next page. -

Coverage Examples

Coverage Period:

Coverage for: Individual/Family | Plan Type: HMO

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.

This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having	a baby
(normal	delivery)

- Amount owed to providers: \$7,540
- Plan pays \$1,040
- Patient pays \$6,500

Sample care costs:

-	
Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540
Patient pays	
Deductibles	\$6,000
Copays	\$0

Managing	type	2	dial	oetes
(nontino)	mainto	-	an of	•

well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$50
- Patient pays \$5,350

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays

\$350

\$150

\$6,500

Deductibles	\$5,270
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$80
Total	\$5,350

Questions: Call Additional Info.Summary Disclaimer Contact Phone or visit us at Additional Info.Footer Contact URL. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.ccio.cms.gov or call Additional Info.Footer Contact Phone 2 to request a copy. 61836WA0030002-01

Coinsurance

Total

Limits or exclusions

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Examples helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

X<u>No</u>. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.