### **ambetter.** from MHS **Ambetter Balanced Care 5**

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at http://ambetter.mhsindiana.com/ or by calling 877-687-1182, TTY/TDD 877-941-9232

Important Questions	Answers	Why this Matters:	
What is the overall	\$0	See the chart starting on page 2 for your costs for services this plan covers.	
deductible?	Ψ <b>υ</b>	see the chart starting on page 2 for your costs for services this plan covers.	
Are there other		You don't have to meet deductibles for specific services, but see the chart starting on page 2 for	
deductibles for specific	No	other costs for services this plan covers.	
services?			
Is there an <u>out-of-</u>	Yes, for in-network providers	The out-of-pocket limit is the most you could pay during a coverage period (usually one year)	
<u>pocket-limit</u> on my	<b>\$2,250</b> individual/ <b>\$4,500</b> family.	for your share of the cost of covered services. This limit helps you plan for health care expenses.	
expenses?	No, for out-of-network providers.	for your shale of the cost of covered services. This limit helps you plan for health eare expenses.	
What is not included in	Premiums, balance-billed charges,		
	and out-of-network services this	Even though you pay these expenses, they don't count toward the <b><u>out-of-pocket limit</u></b> .	
the <u>out-of-pocket limit</u> ?	plan doesn't cover.		
Is there an overall annual		The chart starting on page 2 describes any limits on what the plan will pay for specific covered	
limit on what the plan	No	services, such as office visits.	
pays?			
	Yes. See http://	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of	
Does this plan use a	ambetter.mhsindiana.com/	the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-	
network of providers?	findadoc or call 1-877-687-1182	network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating	
<u>incluoik</u> of <u>providers</u> :	for a list of participating	for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different	
	providers.	kinds of <b>providers</b> .	
Do I need a referral to	No, you don't need a referral to	You can see the <b>specialist</b> you choose without permission from this plan.	
see a <u>specialist</u> ?	see a specialist.	Tou can see the <u>specialist</u> you choose without permission from this plan.	
Are there services this	Yes	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan	
plan doesn't cover?	105	document for additional information about excluded services.	

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### Ambetter Balanced Care 5

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service
  - <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
  - The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed</u> <u>amount</u> you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed</u> <u>amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>).
  - This plan may encourage you to use in-network **providers** by charging you lower **<u>deductibles</u>**, **<u>copayments</u>**, and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In- network Provider		Limitations & Exceptions
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness Specialist visit Other practitioner office visit Preventive care/screening/immunization	<ul><li>\$5 Copay/visit</li><li>\$10 Copay/visit</li><li>\$5 Copay/visit</li><li>No charge</li></ul>	Not covered Not covered Not covered Not covered	None None None
If you have a test	Diagnostic test (x-ray, blood work) Imaging (CT/PET scans, MRIs)	No Charge \$25 Copay	Not covered Not covered	Prior approval required Prior approval required.
If you need drugs to treat your illness or	Generic drugs	\$10 Copay/30 day supply.	Not covered	None
<b>condition</b> More information about	Preferred brand drugs	\$20 Copay /30 day supply.	Not covered	
prescription drug coverage is available	Non-preferred brand drugs	\$40 Copay /30 day supply.	Not covered	None
at http://ambetter.mhs indiana.com/formulary.	Specialty drugs	\$100 Copay/ 30 day supply	Not covered	

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

### **Coverage Period:**

Coverage for: Individual/Family | Plan Type: HMO

Common Medical Event	Services You May Need	Your Cost If You Use an In- network Provider	Your Cost If You Use an Out-of- network Provider	Limitations & Exceptions
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$50 copay	Not covered	Prior approval required
surgery	Physician/surgeon fees	No Charge	Not covered	Prior approval required.
If you need immediate	Emergency room services	\$100 Copay	\$100 Copay	None
If you need immediate medical attention	Emergency medical transportation	No charge	No charge	None
	Urgent care	\$50 Copay/visit	Not covered	None
If you have a hospital	Facility fee (e.g., hospital room)	\$100 Copay per stay	Not covered	Prior approval required.
stay	Physician/surgeon fee	No Charge	Not covered	Prior approval required.
If you have mental	Mental/Behavioral health outpatient services	\$50 Copay	Not covered	Prior approval required.
health, behavioral	Mental/Behavioral health inpatient services	\$100 Copay	Not covered	Prior approval required.
health, or substance	Substance use disorder outpatient services	\$50 Copay	Not covered	Prior approval required.
abuse needs	Substance use disorder inpatient services	\$100 Copay	Not covered	Prior approval required.
	Prenatal and postnatal care	\$5 Copay/visit	Not covered	None
If you are pregnant	Delivery and all inpatient services	\$100 Copay	Not covered	Prior approval required. 48 hour minimum stay.

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

### **Coverage Period:**

Coverage for: Individual/Family | Plan Type: HMO

Common Medical Event	Services You May Need	Your Cost If You Use an In- network Provider	Your Cost If You Use an Out-of- network Provider	Limitations & Exceptions
	Home health care	No charge	Not covered	Prior approval required. 90 Visit(s) per Year
If you need help recovering or have	Rehabilitation services	\$10 Copay	Not covered	Prior approval required after limits have been met. 60 Visit(s) per Year. 20 visits for Occupational Therapy, 20 visits for Physical Therapy and 20 visits for Speech Therapy
other special health needs	Habilitation services	\$10 Copay	Not covered	Prior approval required after limits have been met. 20 visits for Occupational Therapy, 20 visits for Physical Therapy and 20 visits for Speech Therapy
	Skilled nursing care	No Charge	Not covered	90 Days per Year
	Durable medical equipment	No Charge	Not covered	Prior approval required
	Hospice service	No charge	Not covered	Prior approval required
If your child needs	Eye exam	\$20 Copay/visit	Not covered	1 Visit(s) per Year
dental or eye care	Glasses	\$20 Copay/pair	Not covered	1 Item(s) per Year
deficat of cyc care	Dental check-up	Not covered	Not covered	None

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### Excluded Services & Other Covered Services

Acupuncture	Bariatric surgery	Cosmetic surgery
• Dental care (Adult)	Hearing aids	Infertility treatment
• Long-term care	• Non-emergency care when traveling outside the	• Routine eye care (Adult)
• Routine foot care (Not related to diabetes	U.S.	
treatment)	Weight loss programs	

Chiropractic care (Limited to 12 specialists' visits per year)
Private-duty nursing (On an outpatient basis-limited to 82 visits per year)

### Your Rights to Continue Coverage

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 877-687-1182, TTY/TDD 877-941-9232. You may also contact your state insurance department at Indiana Department of Insurance, 311 West Washington Street, Suite 100, Indianapolis, IN, 46204, Phone No. (317) 232-2385 or (800) 622-4461.

### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: Indiana Department of Insurance, 311 West Washington Street, Suite 100, Indianapolis, IN, 46204, Phone No. (317) 232-2385 or (800) 622-4461.

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: Coverage for: Individual/Family | Plan Type: HMO

### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy <u>does provide</u> minimum essential coverage.

### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 877-687-1182, TTY/TDD 877-941-9232

– To see examples of how this plan might cover costs for a sample medical situation, see the next page.  $\cdot$ 

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#### **Coverage Period:**

Coverage for: Individual/Family | Plan Type: HMO

# About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.

Те

This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby	
(normal delivery)	

- Amount owed to providers: \$7,540
- Plan pays \$7,270
- Patient pays \$270

### Sample care costs:

\$2,700
\$2,100
\$900
\$900
\$500
\$200
\$200
\$40
\$7,540

### Patient pays

Deductibles	\$0
Copays	\$120
Coinsurance	\$0
Limits or exclusions	\$150
Total	\$270

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$4,870
- Patient pays \$530

### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

### Patient pays

Deductibles	\$0
Copays	\$450
Coinsurance	\$0
Limits or exclusions	\$80
Total	\$530

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**Coverage Examples** 

### Coverage Period: Coverage for: Individual/Family | Plan Type: HMO

### **Questions and answers about the Coverage Examples:**

## What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

## What does a Coverage Example show?

For each treatment situation, the Coverage Examples helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## Does the Coverage Example predict my own care needs?

**No**. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

## Does the Coverage Example predict my future expenses?

**No.** Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

## Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

## Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.