mbeller. from CeltiCare Health Plan of Massachusetts
Ambetter Balanced Care

### Summary of Benefits and Coverage: What this Plan Covers & What it Costs

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at http://ambetter.celticarehealthplan.com/ or by calling 877-687-1186, TTY/TDD 877-941-9234

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	<b>\$2,000</b> individual / <b>\$4,000</b> family. Does not apply to preventive care and prescription drugs.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy plan or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-</u> <u>pocket-limit</u> on my expenses?	Yes, for in-network providers <b>\$6,350</b> individual/ <b>\$12,700</b> family. No, for out-of-network providers.	The <b><u>out-of-pocket limit</u></b> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges, and out-of-network services this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <b><u>out-of-pocket limit</u></b> .
Is there an overall annual limit on what the plan pays?	No	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. See http:// ambetter.celticarehealth plan.com/findadoc or call 1-877-687-1186 for a list of participating providers.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a <u>specialist</u> ?	Yes	This plan will pay some or all of the costs to see a <b><u>specialist</u></b> for covered services but only if you have the plan's permission before you see the <b><u>specialist</u></b> .
Are there services this plan doesn't cover?	Yes	Some of the services this plan doesn't cover are listed on page 6. See your policy or plan document for additional information about <u>excluded services</u> .

Questions: Call 877-687-1186, TTY/TDD 877-941-9234 or visit us at http://ambetter.celticarehealthplan.com/.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at **www.cciio.cms.gov** or call **877-687-1186**, **TTY/TDD 877-941-9234** to request a copy. 31234MA0370006-01

# from CeltiCare Health Plan Ambetter Balanced Care

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed</u> <u>amount</u> you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed</u> <u>amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>).
- This plan may encourage you to use in-network **providers** by charging you lower **<u>deductibles</u>**, **<u>copayments</u>**, and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In- network Provider	Your Cost If You Use an Out-of- network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$30 Copay/visit	Not covered	None
If you visit a health	Specialist visit	\$50 Copay/visit	Not covered	None
care <u>provider's</u> office or clinic	Other practitioner office visit	\$30 Copay/visit	Not covered	None
	Preventive care/screening/immunization	No charge	Not covered	None
If you have a test	Diagnostic test (x-ray, blood work)	No Charge after deductible	Not covered	Prior approval required
If you have a test	Imaging (CT/PET scans, MRIs)	\$400 Copay after deductible	Not covered	Prior approval required

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

### **Coverage Period:**

Coverage for: Individual/Family | Plan Type: HMO

Common Medical Event	Services You May Need	Your Cost If You Use an In- network Provider		Limitations & Exceptions
If you need drugs to treat your illness or condition	Generic drugs	\$20 Copay/30 day supply.	Not covered	None
More information about	Preferred brand drugs	\$40 Copay/30 day supply.	Not covered	
prescription drug coverage is available at http://ambetter.celticare	Non-preferred brand drugs	\$70 Copay/30 day supply.	Not covered	None
healthplan.com/ formulary.	Specialty drugs	\$70 Copay/30 day supply.	Not covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$750 Copay after deductible	Not covered	Prior approval required
	Physician/surgeon fees	No Charge after deductible	Not covered	Prior approval required
If you need immediate	Emergency room services	\$350 Copay after deductible /visit	\$350 Copay after deductible /visit	None
If you need immediate medical attention	Emergency medical transportation	No Charge after deductible	No Charge after deductible	None
	Urgent care	\$100 Copay/visit	Not covered	None
If you have a hospital stay	Facility fee (e.g., hospital room)	\$1000 Copay per Stay after deductible	Not covered	Prior approval required
	Physician/surgeon fee	No Charge after deductible	Not covered	Prior approval required

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

### **Coverage Period:**

Coverage for: Individual/Family | Plan Type: HMO

Common Medical Event	Services You May Need	Your Cost If You Use an In- network Provider		Limitations & Exceptions
	Mental/Behavioral health outpatient services	\$30 Copay/visit	Not covered	Prior approval required
If you have mental health, behavioral	Mental/Behavioral health inpatient services	\$1000 Copay after deductible	Not covered	Prior approval required
health, or substance	Substance use disorder outpatient services	\$30 Copay/visit	Not covered	Prior approval required
abuse needs	Substance use disorder inpatient services	\$1000 Copay afte <del>r</del> deductible	Not covered	Prior approval required.
	Prenatal and postnatal care	\$30 Copay/visit	Not covered	None
If you are pregnant	Delivery and all inpatient services	\$1000 Copay after deductible	Not covered	Prior approval required
If you need help recovering or have other special health needs	Home health care	No Charge after deductible	Not covered	Prior approval required
	Rehabilitation services	\$50 Copay after deductible	Not covered	60 Visit(s) per Year. No limit applies to autism, home health care, and speech/ hearing disorders.
	Habilitation services	\$50 Copay after deductible	Not covered	Prior approval required after limits have been met. No limit applies to autism, home health care, and speech/hearing disorders.
	Skilled nursing care	\$1000 Copay per Stay after deductible	Not covered	100 Days per Year
	Durable medical equipment	\$50 Copay after deductible	Not covered	Prior approval required
	Hospice service	No Charge after deductible	Not covered	Prior approval required

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

### **Coverage Period:**

Coverage for: Individual/Family | Plan Type: HMO

Common M Event	edical	Services You May Need	Your Cost If You Use an In- network Provider		Limitations & Exceptions
If your child	naada	Eye exam	\$20 Copay/visit	Not covered	1 Exam(s) per 2 Years
dental or eye		Glasses	\$20 Copay/pair	Not covered	1 Item(s) per 2 Years
dental of cyc	Care	Dental check-up	Not covered	Not covered	None

## **Excluded Services & Other Covered Services**

Services Your Plan Does Not Cover (This is	sn't a complete list. Check your policy or plan docu	ment for other <u>excluded services</u> .)
• Acupuncture	Cosmetic surgery	Dental care (Adult)
Long-term care	• Non-emergency care when traveling outside the	Private-duty nursing
• Routine eye care (Adult)	U.S.	
<b>Other Covered Services</b> (This isn't a comple	ete list. Check your policy or plan document for othe	er covered services and your costs for these
services.)		
Bariatric surgery	Chiropractic care (Limited to 12 specialists'	• Hearing aids (For members 21 years of age or
• Infertility treatment (See policy for coverage	visits per year)	younger)
details)	• Routine foot care (For diabetes treatment)	Weight loss programs

## Your Rights to Continue Coverage

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 877-687-1186, TTY/TDD 877-941-9234. You may also contact your state insurance department at Massachusetts Division of Insurance, 1000 Washington St, Suite 810 Boston, MA 02118-6200, Phone No. (877)-563-4467.

## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: Massachusetts Division of Insurance, 1000 Washington St, Suite 810 Boston, MA 02118-6200, Phone No. (877)-563-4467.

## **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy <u>does provide</u> minimum essential coverage.

## Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 877-687-1186, TTY/TDD 877-941-9234

– To see examples of how this plan might cover costs for a sample medical situation, see the next page.  $\cdot$ 

# of Massachusetts Ambetter Balanced Care

**Coverage Examples** 

### **Coverage Period:**

Coverage for: Individual/Family | Plan Type: HMO

# About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby	
(normal delivery)	

- Amount owed to providers: \$7,540
- Plan pays \$4,340
- Patient pays \$3,200

### Sample care costs:

Hospital charges (mother)\$2,700Routine obstetric care\$2,100Hospital charges (baby)\$900Anesthesia\$900Laboratory tests\$500Prescriptions\$200Radiology\$200Vaccines, other preventive\$40Total\$7,540	-	
Hospital charges (baby)\$900Anesthesia\$900Laboratory tests\$500Prescriptions\$200Radiology\$200Vaccines, other preventive\$40Total\$7,540	Hospital charges (mother)	\$2,700
Anesthesia\$900Laboratory tests\$500Prescriptions\$200Radiology\$200Vaccines, other preventive\$40Total\$7,540	Routine obstetric care	\$2,100
Laboratory tests\$500Prescriptions\$200Radiology\$200Vaccines, other preventive\$40Total\$7,540	Hospital charges (baby)	\$900
Prescriptions\$200Radiology\$200Vaccines, other preventive\$40Total\$7,540	Anesthesia	\$900
Radiology\$200Vaccines, other preventive\$40Total\$7,540	Laboratory tests	\$500
Vaccines, other preventive\$40Total\$7,540	Prescriptions	\$200
Total \$7,540	Radiology	\$200
	Vaccines, other preventive	\$40
Patient pays	Total	\$7,540
	Patient pays	

Deductibles	\$2,000
Copays	\$1,050
Coinsurance	\$0
Limits or exclusions	\$150
Total	\$3,200

# Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$2,490
- Patient pays \$2,910

### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

## Patient pays

Deductibles	\$2,000
Copays	\$830
Coinsurance	\$0
Limits or exclusions	\$80
Total	\$2,910

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**Coverage Examples** 

## Coverage Period: Coverage for: Individual/Family | Plan Type: HMO

# **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

# What does a Coverage Example show?

For each treatment situation, the Coverage Examples helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

**No**. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

**No**. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.