Ambetter Gold 1 of Massachusetts

Summary of Benefits and Coverage: What this Plan Covers & What it Costs



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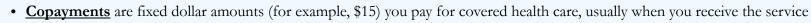
This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at http://ambetter.celticare healthplan.com/ or by calling 877-264-6520, TTY/TDD 866-614-1949 Important Questions Answers Why this Matters:

		You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay
What is the overall	<b>\$500</b> individual / <b>\$1,000</b> family.	for covered services you use. Check your policy plan or plan document to see when the
deductible?	Does not apply to preventive care.	deductible starts over (usually, but not always, January 1st). See the chart starting on page
		2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other	Yes, <b>\$50</b> individual / <b>\$150</b> family	You must pay all of the costs for these services up to the specific <u>deductibles</u> amount
deductibles for specific	for type II and type III dental care	before this plan begins to pay for these services.
services?	expenses.	before this plan begins to pay for these services.
Is there an <u>out-of-</u>	Yes, for in-network providers	The <b><u>out-of-pocket limit</u></b> is the most you could pay during a coverage period (usually one
<u>pocket-limit</u> on my	<b>\$3,000</b> individual/ <b>\$6,000</b> family.	year) for your share of the cost of covered services. This limit helps you plan for health
expenses?	No, for out-of-network providers.	care expenses.
What is not included in	Premiums, balance-billed charges,	
the <u>out-of-pocket limit</u> ?	and out-of-network services this	Even though you pay these expenses, they don't count toward the <b><u>out-of-pocket limit</u></b> .
the <u>out-or-pocket minit</u> :	plan doesn't cover.	
Is there an overall		The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i>
annual limit on what the	No	covered services, such as office visits.
plan pays?		covered services, such as office visits.
	Yes. See http://ambetter.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or
Does this plan use a	celticarehealthplan.com/	all of the costs of covered services. Be aware, your in-network doctor or hospital may use
<u>network</u> of <u>providers</u> ?	findadoc or call 1-877-687-1186	an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> ,
<u>incluoin</u> of <u>providers</u> .	for a list of participating	or participating for <b>providers</b> in their <b><u>network</u></b> . See the chart starting on page 2 for how
	providers.	this plan pays different kinds of <b>providers</b> .
Do I need a referral to	Yes	This plan will pay some or all of the costs to see a <b><u>specialist</u></b> for covered services but only
see a <u>specialist</u> ?	105	if you have the plan's permission before you see the <b><u>specialist</u></b> .
Are there services this	Yes	Some of the services this plan doesn't cover are listed on page 6. See your policy or
plan doesn't cover?	105	plan document for additional information about excluded services.

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- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use in-network providers by charging you lower deductibles, copayments and coinsurance amounts.

Common Medical Event	Services You May Need		Your Cost If You Use an Out-of- network Provider	Limitations & Exceptions
If you wight a health	Primary care visit to treat an injury or illness	\$20 Copay/visit	Not covered	None
If you visit a health care <u>provider's</u> office	Specialist visit	\$35 Copay/visit	Not covered	None
or clinic	Other practitioner office visit	\$20 Copay/visit	Not covered	None
or chine	Preventive care/screening/immunization	No charge	Not covered	None
If you have a test	Diagnostic test (x-ray, blood work)	30% Coinsurance after deductible	Not covered	Prior approval required
If you have a test	Imaging (CT/PET scans, MRIs)	30% Coinsurance after deductible	Not covered	Prior approval required

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#### **Coverage Period:**

Coverage for: Individual/Family | Plan Type:HMO

Common Medical Event	Services You May Need		Your Cost If You Use an Out-of- network Provider	Limitations & Exceptions
	Generic drugs	Retail: \$15 Copay/30 day supply. Mail Order: \$30 Copay/90 day supply	Not covered	None
If you need drugs to treat your illness or condition	Preferred brand drugs	Retail: 50% Coinsurance after deductible/30 day supply. Mail Order: 50% Coinsurance after deductible/90 day supply	Not covered	
More information about prescription drug <u>coverage</u> is available at http://ambetter.celticare healthplan.com/.	Non-preferred brand drugs	Retail: 50% Coinsurance after deductible/30 day supply. Mail Order: 50% Coinsurance after deductible/90 day supply	Not covered	Subject to deductible
	Specialty drugs	Retail: 50% Coinsurance after deductible/30 day supply. Mail Order: 50% Coinsurance after deductible/90 day supply	Not covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% Coinsurance after deductible	Not covered	Prior approval required

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Common Medical Event	Services You May Need	Your Cost If You Use an In- network Provider	Your Cost If You Use an Out-of- network Provider	Limitations & Exceptions
	Physician/surgeon fees	30% Coinsurance after deductible	Not covered	Prior approval required
If you need immediate	Emergency room services	30% Coinsurance after deductible / visit	30% Coinsurance after deductible / visit	None
medical attention	Emergency medical transportation	30% Coinsurance after deductible	30% Coinsurance after deductible	None
	Urgent care	\$100 Copay/visit	Not covered	None
If you have a hospital	Facility fee (e.g., hospital room)	30% Coinsurance after deductible	Not covered	Prior approval required
stay	Physician/surgeon fee	30% Coinsurance after deductible	Not covered	Prior approval required
	Mental/Behavioral health outpatient services	\$20 Copay/visit	Not covered	Prior approval required
If you have mental health, behavioral	Mental/Behavioral health inpatient services	30% Coinsurance after deductible	Not covered	Prior approval required
health, or substance	Substance use disorder outpatient services	\$20 Copay/visit	Not covered	Prior approval required
abuse needs	Substance use disorder inpatient services	30% Coinsurance after deductible	Not covered	Prior approval required
	Prenatal and postnatal care	\$20 Copay/visit	Not covered	None
If you are pregnant	Delivery and all inpatient services	30% Coinsurance after deductible	Not covered	Prior approval required

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Coverage for: Individual/Family | Plan Type:HMO

Common Medical Event	Services You May Need	Your Cost If You Use an In- network Provider	Your Cost If You Use an Out-of- network Provider	Limitations & Exceptions
	Home health care	30% Coinsurance after deductible	Not covered	Prior approval required
	Rehabilitation services	30% Coinsurance after deductible	Not covered	60 Visit(s) per Year. No limit applies to autism, home health care, and speech/hearing disorders.
If you need help recovering or have other special health needs	Habilitation services	30% Coinsurance after deductible	Not covered	Prior approval required after limits have been met. 60 Visit(s) per Year. No limit applies to autism, home health care, and speech/hearing disorders.
	Skilled nursing care	30% Coinsurance after deductible	Not covered	100 Days per Year
	Durable medical equipment	30% Coinsurance after deductible	Not covered	Prior approval required
	Hospice service	30% Coinsurance after deductible	Not covered	Prior approval required
	Eye exam	\$20 Copay/visit	Not covered	1 Exam(s) per 2 Years
If your child needs	Glasses	\$20 Copay/pair	Not covered	1 Item(s) per 2 Years
dental or eye care	Dental check-up	No charge after deductible	20% coinsurance after deductible	2 per 12 months per patient

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Massachusetts Ambetter Gold 1

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#### **Excluded Services & Other Covered Services**

Services Your Plan Does Not Cover (This isn't a complete list. Check your policy or plan document for other excluded services .)				
• Acupuncture	Cosmetic surgery	• Long-term care		
• Non-emergency care when traveling outside	• Private-duty nursing	• Routine eye care (Adult)		
the U.S.				

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

• Abortion services for which Federal funds are	Bariatric surgery	Chiropractic care
prohibited	• Hearing aids	• Infertility treatment
• Dental care (Adult)	• Weight loss programs	

• Routine foot care

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### Your Rights to Continue Coverage

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 877-264-6520, TTY/TDD 866-614-1949. You may also contact your state insurance department at Division of Insurance 1000 Washington St, Suite 810 Boston, MA 02118-6200 (877)-563-4467 (Toll Free).

### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Division of Insurance 1000 Washington St, Suite 810 Boston, MA 02118-6200 (877)-563-4467 (Toll Free).

Additionally, a consumer assistance program can help you file your appeal. Contact (617) 521-7794.

Questions: Call 877-264-6520, TTY/TDD 866-614-1949 or visit us at http://ambetter.celticare healthplan.com/. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 877-264-6520, TTY/TDD 866-614-1949 to request a copy. 31234MA0390003-01 DH Summary of Benefits and Coverage: What this Plan Covers & What it Costs

### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy <u>does</u> <u>provide</u> minimum essential coverage.

## Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

#### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 877-264-6520, TTY/TDD 866-614-1949

To see examples of how this plan might cover costs for a sample medical situation, see the next page.



# About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$5,330
- Patient pays \$2,210

#### Sample care costs:

Hospital charges (mother)\$2,700Routine obstetric care\$2,100Hospital charges (baby)\$900Anesthesia\$900Laboratory tests\$500Prescriptions\$200Radiology\$200Vaccines, other preventive\$40Total\$7,540Patient pays:\$500Copays\$40Coinsurance\$1,520Limits or exclusions\$150Total\$200	•	
Hospital charges (baby)\$900Anesthesia\$900Laboratory tests\$500Prescriptions\$200Radiology\$200Vaccines, other preventive\$40Total\$7,540Patient pays:\$500Copays\$40Coinsurance\$1,520Limits or exclusions\$150	Hospital charges (mother)	\$2,700
Anesthesia\$900Laboratory tests\$500Prescriptions\$200Radiology\$200Vaccines, other preventive\$40Total\$7,540Patient pays:\$500Copays\$40Coinsurance\$1,520Limits or exclusions\$150	Routine obstetric care	\$2,100
Laboratory tests\$500Prescriptions\$200Radiology\$200Vaccines, other preventive\$40Total\$7,540Patient pays:\$500Copays\$40Coinsurance\$1,520Limits or exclusions\$150	Hospital charges (baby)	\$900
Prescriptions\$200Radiology\$200Vaccines, other preventive\$40Total\$7,540Patient pays:\$500Copays\$40Coinsurance\$1,520Limits or exclusions\$150	Anesthesia	\$900
Radiology\$200Vaccines, other preventive\$40Total\$7,540Patient pays:\$500Copays\$40Coinsurance\$1,520Limits or exclusions\$150	Laboratory tests	\$500
Vaccines, other preventive\$40Total\$7,540Patient pays:\$500Deductibles\$500Copays\$40Coinsurance\$1,520Limits or exclusions\$150	Prescriptions	\$200
Total\$7,540Patient pays:DeductiblesCopaysCoinsuranceLimits or exclusions9150	Radiology	\$200
Patient pays:Deductibles\$500Copays\$40Coinsurance\$1,520Limits or exclusions\$150	Vaccines, other preventive	\$40
Deductibles\$500Copays\$40Coinsurance\$1,520Limits or exclusions\$150	,	"
Copays\$40Coinsurance\$1,520Limits or exclusions\$150	-	
Coinsurance\$1,520Limits or exclusions\$150	Total	
Limits or exclusions \$150	Total Patient pays:	\$7,540
""""""""""""""""""""""""""""""""""""""	Total Patient pays: Deductibles	\$7,540 \$500
Total \$2,210	Total       Patient pays:       Deductibles       Copays	\$7,540 \$500 \$40
	Total         Patient pays:         Deductibles         Copays         Coinsurance	\$7,540 \$500 \$40 \$1,520

## Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,130
- Patient pays \$2,270

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$900
Laboratory tests	\$500
Vaccines, other preventive	\$40
Total	\$5,400

#### Patient pays:

Deductibles	\$500
Copays	\$1,340
Coinsurance	\$350
Limits or exclusions	\$80
Total	\$2,270

#### Coverage Period: Coverage for: Individual/Family | Plan Type:HMO

#### **Coverage Examples**

# **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

# What does a Coverage Example show?

For each treatment situation, the Coverage Examples helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in outof-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.